



Mt Carmel School Canteen

Term 1 2021



Open Thursday & Friday

Lunch catered for by Qkr orders only

Orders must be made by 9am each canteen morning

Please note anything with a # next to it, must be picked up from the canteen

Thank you

Emma McEvoy
Canteen Manager

Katrina Hodges
Canteen Assistant



Hot Food

Corn Cobbett (GF)	\$1.00
Pizza Rounda	\$2.40
Fried Rice (GF)	\$3.80
*Sausage Roll	\$4.00
*Meat Pie	\$4.00

Term Specials

Fish Bites <i>(3 per serve)</i>	\$2.20
*Fish Burger <i>(Gluten free option available)</i> <i>(Lettuce & Mayo)</i>	\$4.00

Lunch Meal Deals

You can add a Just Juice popper and a fruit cup to any of the hot food items above for an additional \$3 to make it a meal deal.

Fresh or Toasted Sandwich

Vegemite	\$2.50
Cheese	\$3.00
Ham	\$3.50
Salad	\$4.00
Egg	\$3.60
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.20
Ham, Salad & Mayo	\$4.50
Turkish Roll/Wrap/GF Wrap add	\$1.50

Salad includes: Lettuce, tomato, beetroot, carrot and avocado.

More sandwich options are available to view on the Qkr! App.

Lactose and gluten free butter and mayonnaise are used on all sandwiches, wraps and burgers.



Snacks

Dried Apple	each	\$0.20
Popcorn		\$0.20
#Fresh Watermelon Slice		\$0.50
Fresh Apple Slices		\$1.00
Carrot Sticks		\$1.00
Banana Muffin		\$1.00
Fruit Salad in Juice Cups		\$1.00
#Fruit Salad Cup		\$2.00
Carrot Stick & Hommus		\$1.50
*Cracker and Hommus Cup		\$1.50
Red Rock Sea Salt Chips (GF)		\$1.50
*Cheese, Cracker, Hommus Plate		\$2.20
Pizza Rounda		\$2.40



Frozen Snacks

#Frozen Orange - ¼ slice	\$0.40
#Frozen Watermelon Slice	\$0.40
#Frozen Pineapple Ring	\$0.50
#Custard Pop	\$0.50
#Yoghurt Pops	\$0.70
#Ice Mony <i>(Sour Berry Blast (GF), Lemon Ice (GF) & Chocolate)</i>	\$1.00
#Paddle Pops <i>(Rainbow & Banana)</i>	\$1.20

#Collect from the canteen at recess or lunch

**Gluten Free option available*

GF - Gluten Free



Drinks

Just Juice Popper <i>(Apple, Apple & Blackcurrant, Orange & Paradise Punch)</i>	\$1.80
Water	\$2.00
#Slushy <i>(Orange Crush, Strawberry or Mixed)</i>	\$2.00

Miscellaneous

Tomato sauce Tub	\$0.30
Mayonnaise Tub	\$0.30
Soy Sauce	\$0.30
Lunch order bag	\$0.30

